

PERSONAL GOALS

1. SPIRITUAL RENEWAL

- Read every morning, 1hr Maxwell Bible & prayer

2. Lift the Leadership Lid

- Continue study JMT for 2 ours per day.
- Offer and complete 2 Master Minds by the end of August.
- Set leadership goals, institutional goals, list the obstacles and ways to navigate those obstacles.

3. FAMILY

- Prayer time each day with my family
- One on one time each day with Karen
- Call Sean and Travis once a week.
- Cook breakfast for the family on Saturday. They love it. And, it's quality time with Karen and Landon.

4. Improve Strengths

- Listen to one speech by great speaker every day.
- 2 hrs per day on sermon
- pay particular attention to connecting aspects; quotes; and dramatization of personal illustrations.
- teaching-find a complicated concept, take it apart and articulate it where others can comprehend.
- Gather resources daily and record them on note cards.

5. Improve time management

- use daily planning sheet from Bob Bheil OR Ed DeCosta
- use time management sheet from 90 day roadmap. 15 min. miracle.

6. Attitude

- Read Power of Positive Thinking each year
- Read as a man thinketh each year

7. Maintain a healthy lifestyle

- Daily follow the Paleolithic diet- no bread, sugar, corn, rice, or processed foods. Plenty of meat, salads, and fruit.
- Twice a week aggressive training on weights at the Y. Walk 4 days a week- 1 hr. Each walk. Walk briefly after evening meals. Take Raine with me. She loves to walk.

8. Grow personal finances

- Save \$\$\$ per month with Ameritrade.
- Open IRA with Clark.
- Look at buying smaller car.
- Open JMT ACCOUNT

9. DAILY THINKING TIME

- Each evening as I wind down I will spend time thinking on paper. Writing thoughts down for the day; interactions with people; ideas for the future.

10. INTENTIONAL LIVING

- **I will listen more intently each day**
- **Add Value to Someone each day**